

MARKWARD PLAYGROUND'S FALL PROGRAMS 2011

CLASSES BEGIN THE WEEK OF OCTOBER 17th

You may join us for any of the below introductory courses to try it out before you register.

Please RSVP to let us know you are attending, if at all possible.

- **Yoga with Mr. Dennis:** 7pm-8:15pm Tuesdays (breathing, meditation and poses practiced in order to create a calm in both body & mind). For mature teens and adults. (\$65 for 6 weeks). Space is limited.
- **T&T with Ms. Mary:** 7pm-8pm Wednesdays (adult fitness class to tone & tighten) All levels welcome. For mature teens and adults. (\$50 for 6 weeks). Space is limited.
- **T&T with Ms. Mary:** 9am-10am Saturdays (adult fitness class to tone & tighten) All levels welcome. For mature teens and adults. (\$50 for 6 weeks). Space is limited.
- **Basic Quilting & Weaving with Ms. Leslie:** 7:00pm-9:pm Thursdays (adult art class for those interested in beginning quilting and weaving. Sewing machines needed for advanced quilting.) All levels welcome. For mature teens and adults. (\$60 for 6 weeks plus material costs.). Space is limited.
- **Knitting with Ms. Sandra:** 6:30pm to 7:30pm Mondays. All levels welcome. For aged 8 & up. (\$40 per person for 6 weeks). Space is limited.
- **Kids Felting Workshop with Ms. Tatyana:** 5:15pm-6:30pm Thursdays. For aged 8 & up. (\$40 per person for 6 weeks). Space is limited.
- **Ceramics with Ms. Judy:** 7pm-9pm Wednesdays. (adult art class for painting and glazing mold ceramics.) All levels welcome. (\$5 per class plus materials). Space is limited.
- **Computer Skills for Seniors with Ms. Deanie:** 1:30pm-3:00pm Fridays (for seniors who want to be able to search the web, social network, or just plain know how to use the computer). Beginners. (\$50 for 6 weeks). Space is limited.

Markward Rec is also now a local pick-up site for the Diet-to-Go Program. Convenient meals that are fresh and tasty for the busy and health conscious. Check it out @ <http://diettogo.com/local-pickup>

Markward Playground, 400 S Taney St, 19146

215.685.6649

markwardrec@comcast.net

<http://markwardplayground.com/>